



St Joseph's Parish Newsletter
 St Joseph's Presbytery, New Zealand Road, Gabalfa, Cardiff, CF14 3BR
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 Fr Ambrose G Maliakkal, Br Brian Butler,
 Deacon Rev Mark Howe



A Parish of the Archdiocese of Cardiff. A Registered Charity (No. 242380). Served by Rosminians
 Safeguarding Representatives – Paul Moruzzi – 20223782, Alma Marlow - 20754417

10th – 18th February 2018

6th Sunday of Ordinary Time – Cycle B; Year II, Week 1

THOUGHT FOR THE WEEK

"God wills nothing that is not in accordance with holiness."
 Blessed Antonio Rosmini (1797-1855)

Mass Intentions / Adoration / Sacraments

Sat 10th Feb 6 pm – VIGIL	<i>Chris Babu</i> (Well-being) (Family) / <i>Frank Lord RIP</i> (Deirdre)
Sun 11th Feb 9.15 am 11 am	6th Ordinary Time – Year B All Parishioners / Romaldo D'Souza RIP (<i>Saiyonara Vinod</i>) Christopher Whelan RIP (<i>Family</i>)
Monday 12th Feb 9.15 am 2 pm 7.30 pm	Thresiamma Varkey RIP (<i>Neethu Johnson</i>) Requiem – John Mitchell Union of Catholic Mothers -Monthly Mass
Tues 13th Feb 9.15 am 2.15 pm	David & Mary Margerison RIP (<i>D Jones</i>) Requiem – Colin Sangster
Wed 14th Feb 9.15 am 9.45 – 3.30 pm 7 pm 7.30 pm	ASH WEDNESDAY – Fasting & Abstinence All Parishioners Adoration of the Blessed Sacrament All Parishioners Sacrament of Reconciliation
Thurs 15th Feb 9.15 am 7 pm	Malcolm Scanlan RIP (<i>Agnes Gibson</i>) Intention of Deacon Mark
Fri 16th Feb 9.15 am 9.45 am	Faithful Departed (<i>Ansamma George</i>) Stations of the Cross
Sat 17th Feb 9.15 am 12 Noon – 12.45pm 6 pm – VIGIL	<i>The Seven Holy Founders of the Servite Order</i> Douglas Lewis RIP (<i>Kit Lewis</i>) Sacrament of Reconciliation Graham Jones RIP (<i>D Jones</i>) / Tom Bibey RIP (<i>Monica Bibey</i>)
Sun 18th Feb 9.15 am 11 am 4 pm	1st Sunday of Lent Richardson Family (<i>Well-being</i>)(<i>Bibey/Jeans</i>) All Parishioners/Int John&Mary Lawson Syro-Malabar Mass, Stations&Adoration

Please pray for those who have died recently:
 Colin Sangster, John Mitchell, Patrick Donoghue, Loc Mai
And those who are ill: Charlie Coray, Peter Cule, Christin Babu, Lyla O'Brien, Pam Deane, Maria Khan, Patrick Rickard, Amie Lucas, Martin Connor, Baby Dylan Collins, Margaret Lench, Frs John Owen; Michael Cronin; Mark Rowles, Sr Denise O'Donnell SSJ, Pat Duddridge, Millie Petheram, Doreen Shaw.

**Church Collection
 Week Ending 4th February**

Attendance – 278
 Gift Aid - £363.05; Non-Gift Aid - £338.99
 Syro-Malabar – £100.20



This Wednesday, 14th February, is Ash Wednesday
 it is a day of fasting and abstinence. It is also the start of LENT. Ashes will be distributed at both the 9.15 am and 7 pm Masses



Responsorial Psalm

*You are my refuge, O Lord;
 you fill me with the joy of salvation*



The Cycle of Prayer

During Lent, we are invited to pray for these intentions:
 Candidates for the Sacraments, (especially on the Sundays of Lent); Women; The Needy and Hungry of the World; Penitents and Wanderers.

**What will I do this Lent
 to grow in my faith?**

Go to a weekday Mass? – 9.15 am each day or 7 pm on Wednesdays and Thursdays

Stations of the Cross - Fridays at 9.45 am

Daily reading?

Copies of *Walk with Me and My Day by Day* are available from the Repository.

Scripture Group? Thursdays at 7.30 pm

Pray more? Fasting?
 Almsgiving – CAFOD Lent Fast Day?



LENTEN FASTING & ABSTINENCE – A GUIDE

WHEN: Ash Wednesday and Good Friday (Fasting & Abstinence);
 Fridays in Lent – Abstinence

WHO: Catholics 14+ are obliged to practice abstinence
 Catholics 18-59 are obliged to fast.

Those outside the age limits and those whose state in life (eg pregnant women, manual labourers, those who are ill) may be excused from the requirements of fasting and abstinence but are encouraged to take up some other form of penitence or acts of charity or piety.

WHAT: Abstinence – No meat. Fish is OK.

Fasting – 1 regular meal + 2 smaller meals – no snacks.

Feast of St Joseph

Parish Feast Day and the Ministries Mass

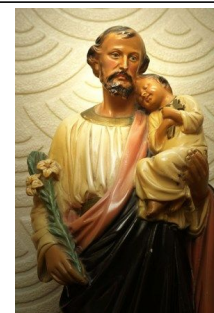
on Monday 19th March at 7 pm

Main Celebrant -

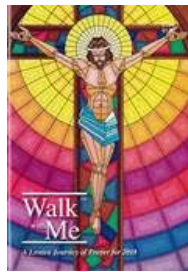
Fr Anthony Meredith IC

There will be a Novena to St Joseph leading to this date and following the Mass there will be light refreshments in the Meeting Room.

Please keep this date in your diaries.



Archbishop George Stack, Bishop Tom Burns and Bishop Peter Brignall have written a forward to the booklet and recommend it as an aid to prayer. "Walk With Me! We are invited to walk, not run. Lent is a time to slow down, to reflect on our lives and attitudes. What are we about? What is God asking us to do? What a privilege that God has invited me to walk with him. Walk With Me is not so much a command as an act of loving-kindness, by which God puts his arm around us and speaks to us personally and intimately about things that are of the greatest importance and change our lives."



The booklet is available, please leave an offering.

Day of Prayer for Eucharistic Ministers and Readers

A special day for our Eucharistic Ministers and Readers will take place at St Joseph's on **Saturday 24th March**. Time table as follows:

9.15 am – Mass

Followed by a talk by Fr Anthony Furlong. Exposition and Benediction. Refreshments after in the Meeting Room with the day finishing around 12 noon.

COLIN SANGSTER RIP

Colin's Reuiem Mass will be here on Tuesday 13th February at 2.15pm. Colin served for many years in the sanctuary at St Joseph's. Our condolences to his wife, Margaret, who sang in our choir also for many years, and to his family. May he rest in peace.



Aid to the Church in Need

Dee Thomas from Aid to the Church in Need will be speaking at all Masses over the weekend of 17th and 18th February followed by a voluntary collection. There will be an opportunity to purchase cards, prayer cards, Children's Bibles, books, rosaries and religious artefacts.

More information may be found on their website:

www.acnuk.org

Where are our young people?

How can we help young people on their journey with Christ? How do we engage with the young people in our parish?

What are young people searching for?

Ben Aldridge, Youth Chaplain at St Mary's School in Hereford, in conjunction with the Evangelisation department will be speaking in Cardiff to address these issues. Ben will be sharing his experiences as a young person, a youth worker and a school Chaplain.

Monday 12th February, 7:30pm - 9pm, Pastoral Resources Centre (in St Illtyd's High School, CF3 1XQ).

Directions: <http://www.tinyurl.com/rcadcprc>

If you need more information, please email madeline.page@rcadc.org or call 029 2036 5965.

Catholic Bible School

A day of reflection, worship and study of the Bible to help us apply it in our everyday lives. This is on Saturday 24th February at St. Mary's RC Church, Bridgend, CF31 3HS (10 am to 3 pm) and the subject is "Leading to the Passion" led by Fr. Tim McGrath. Please bring a packed lunch; tea and coffee provided. This event is free but a donation towards costs is appreciated.

ADOREMUS – Preparation Day

St David's College, Cardiff,
CF23 5QD

Saturday 17th March 2018

An invitation to all.



The Catholic Church will hold a National Eucharistic Pilgrimage and Congress in Liverpool this September.

To prepare for this historic event, the Archdiocese of Cardiff invites everyone to a Preparation Day which will be held in Cardiff at St David's Catholic College on **17th March 2018 from 10.30 am to 3.00 pm**.

The Preparation Day will seek to explore the Sacrament of the Eucharist as meal, as sacrifice and as real presence. The day will offer reflections, an opportunity for imaginative contemplation and time for adoration before the Blessed Sacrament.

The event is free of charge and open to people of all faiths and no faith. Registration is at 10.00 am for 10.30 am start. Lunch will be provided.

To attend, please contact Christian Mahoney on
07764515864 or

email christianmahoney2@gmail.com

All parishioners are welcome to join this celebration

Rite of Election 2017
Sunday 5th March, 3 pm
St David's Cathedral

Those from the parishes of the Archdiocese who are preparing to be baptised or received into the Church at the Easter Vigil are presented to the Archbishop.



40 DAYS FOR LIFE

Where? St Mary Street, Cardiff, opposite Elgin House, outside Howell's/Ladbroke's, facing the abortion facility across the street

When? February 15th (Ash Wednesday) until 25th March (Palm Sunday) **Every Day**.

I am asking for volunteers for the hours between 11 am to 4 pm.

Why? To pray for an end to abortion and help especially for women who may be going into the building to seek an abortion.

Some people think this vigil is a futile exercise if not worse. However, we know from the testimony of our opponents (in Lent 2015) that women have changed their minds and not gone ahead with their abortions because of our prayers. Last year, a young man who had been a loud opponent against us the year before, came to apologise and to say that he had changed his mind and, now, acknowledged the humanity of the unborn child. There were many other signs which showed that God was working in the Cardiff street dedicated to Our Lady- St. Mary Street

Therefore, let us take heart: God can take our sometimes pitiful efforts, our inattentive prayers when our spirits are low, and use them to save the lives of at least some, unborn children and keep their mothers from a lifetime of regret.

Contact Janet Thomas on jelthomas@btinternet.com
or 07901713077